

# Preparing to Transition Checklist/Guide

This tool is based on a National CASAs “Fostering Futures” curriculum 2012.

This checklist/guide is designed to provide information on the areas of need for the older youth on whose behalf you’re advocating.

- This guide offers some prompts that can be used by you in speaking with your youth about his or her situation and expressed wishes (some of the questions on this form may help guide conversations you have with your youth).
- For youth with special needs, speak with your Supervisor to determine if there might be additional activities or benchmarks to consider.

Education	Yes	No	n/a
Youth is enrolled in school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has a person to help him or her make decisions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has an academic plan with academic-related goals for the future.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth is literate and can read and write.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth plans to attend college or a vocational school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has copies/access to education records.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth needs tutoring services.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
If needed, youth is receiving tutoring services.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has knowledge of financial assistance she or he may have access to for post-secondary education/training.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has an individual identified to assist with post-secondary education planning, applications, and financial aid assistance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has documents needed to apply for financial aid and scholarships, including birth certificate and proof of child welfare involvement.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Education will be one focus of my work, advocacy and action planning with this youth.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments regarding the educational needs of the youth:			

<b>Employment</b>	Yes	No	n/a
Youth has participated in a vocational assessment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has expressed wanting a job and has established employment goals.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has developed a resume.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has at least two people from whom he or she may obtain references for employment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has filled out a job application.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has adequate interviewing skills.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has appropriate clothing for a job interview.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has been involved in volunteer service or an internship.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has a telephone number, email address, library card and personal calendar for appointments.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has a social security card, birth certificate and other important documentation for employment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Employment will be one focus of my work, advocacy and action planning with this youth.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments regarding the employment needs of the youth:			

Housing	Yes	No	n/a
Youth has been exposed to life skills topics including housing issues, budgeting and independent living.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth understands the concept of independent living.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has been exposed to information on legal rights and responsibilities regarding housing.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth is able to create and maintain a budget.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has a plan for permanent housing.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth is connected to a person who can help conduct a housing search.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has knowledge of financial assistance she or he may have access to in order to pursue housing/independent living.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Housing will be one focus of my work, advocacy and action planning with this youth.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments regarding the employment needs of the youth:			

Life Skills	Yes	No	n/a
Youth knows how to make healthy decisions and advocate on her or his own behalf.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth knows the physical, social, emotional and legal risks associated with alcohol, drug and tobacco use and understands the impact of peer pressure.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth can make well thought out decisions and can problem solve.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth knows how to appropriately respond to prejudice and discrimination.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth understands the importance of good hygiene.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth knows how to stay health and care for minor illnesses.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth understands the basic concepts of nutrition and knows how to prepare basic meals.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth understands services provided by a bank such as checking and savings accounts and how to make a basic budget.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has a checking or savings account.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has a driver's license.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Life skills will be one focus of my work, advocacy and action planning with this youth.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments regarding the employment needs of the youth:			

<b>Supportive Relationships/Community Resources</b>	Yes	No	n/a
Youth has at least one meaningful connection with an adult in whom he or she can trust.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth is connected to at least one adult mentor, not including the youth's attorney, social worker or independent living coordinator.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has a healthy connection to at least one peer.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has contact information of community legal resources, attorneys, caseworkers and mentors.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has the ability/opportunity to create, maintain and strengthen supportive and sustaining relationships with foster families and significant others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has a healthy sense of ethnicity, cultural identify and personal identify.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth understands civic responsibility and is registered to vote.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relationships and resources will be one focus of my work, advocacy and action planning with this youth.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments regarding the employment needs of the youth:			

Physical/Mental Health	Yes	No	n/a
Youth has had a comprehensive screening to assess physical health, developmental needs, mental health and substance abuse.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has been exposed to information about healthy social relationships, home safety and preventing accidents/violence.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth understands issues related to STIs and HIV.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has the skills to maintain good emotional and physical health.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth has relevant records and an appropriate understanding of any ongoing medical, dental and mental health conditions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth knows what medications (if any) she or he is currently taking.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth is currently covered by Medicaid or another insurance plan.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth will be covered by Medicaid or another insurance plan (once he or she emancipates from the system)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth understands what (if any) SSI benefits she or he is eligible for.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Youth is connected to a “clinical home”.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Health will be one focus of my work, advocacy and action planning with this youth.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments regarding the employment needs of the youth:			