



# The Genderbread Person

GENDER EXPRESSION



## ASSIGNED SEX AT BIRTH



FEMALE

INTERSEX

MALE

Sex assign at birth describes how your physiological characteristics (chromosomes, hormones, and internal/external reproductive organs) relate to the medical definitions of sex.



## GENDER IDENTITY



WOMAN/GIRL

NON-BINARY

MAN/BOY

Gender identity is how you, in your head, think about yourself. When you think about who you are, are you a man, woman, genderqueer, more than one, none, etc?



## GENDER EXPRESSION



FEMININE

ANDROGYNOUS

MASCULINE

Gender expression is how you communicate/perform gender and can include the ways you act, dress, behave, and interact.



## SEXUAL ORIENTATION



STRAIGHT

BISEXUAL

GAY/LESBIAN

Sexual orientation is who you are physically, spiritually, and/or emotionally attracted to.