

**PEACE  
OVER  
VIOLENCE**  
ONE ON ONE, ONE BY ONE

# Domestic Violence

# Peace Over Violence



Building healthy relationships, families and communities free from sexual, domestic and interpersonal violence.

# Resources

## Hotline:

- L.A. Rape and Battering Hotline
  - 213-626-3393
  - 310-392-8381
  - 626-793-3385

## Website:

- [Peaceoverviolence.org](http://Peaceoverviolence.org)

# Scope of the Problem

- 20 people per minute are physically abused by an intimate partner in the United States
- 1 in 3 women and 1 in 4 men have been victims of [some form of] physical violence by an intimate partner within their lifetime
- Women between the ages of 18-24 are most commonly abused by an intimate partner
- The presence of a gun in a domestic violence situation increases the risk of homicide by 500%
- 1 in 15 children are exposed to intimate partner violence each year, and 90% of these children are eyewitnesses to this violence
- Between 21-60% of victims of intimate partner violence lose their jobs due to reasons stemming from the abuse

# Connection between DV & Race

- Black women and Native American/Alaskan women are more likely to be victims of domestic violence
- White victims are more likely to file a protective order
- Reporting rates have dropped substantially among undocumented women due to fear of deportation

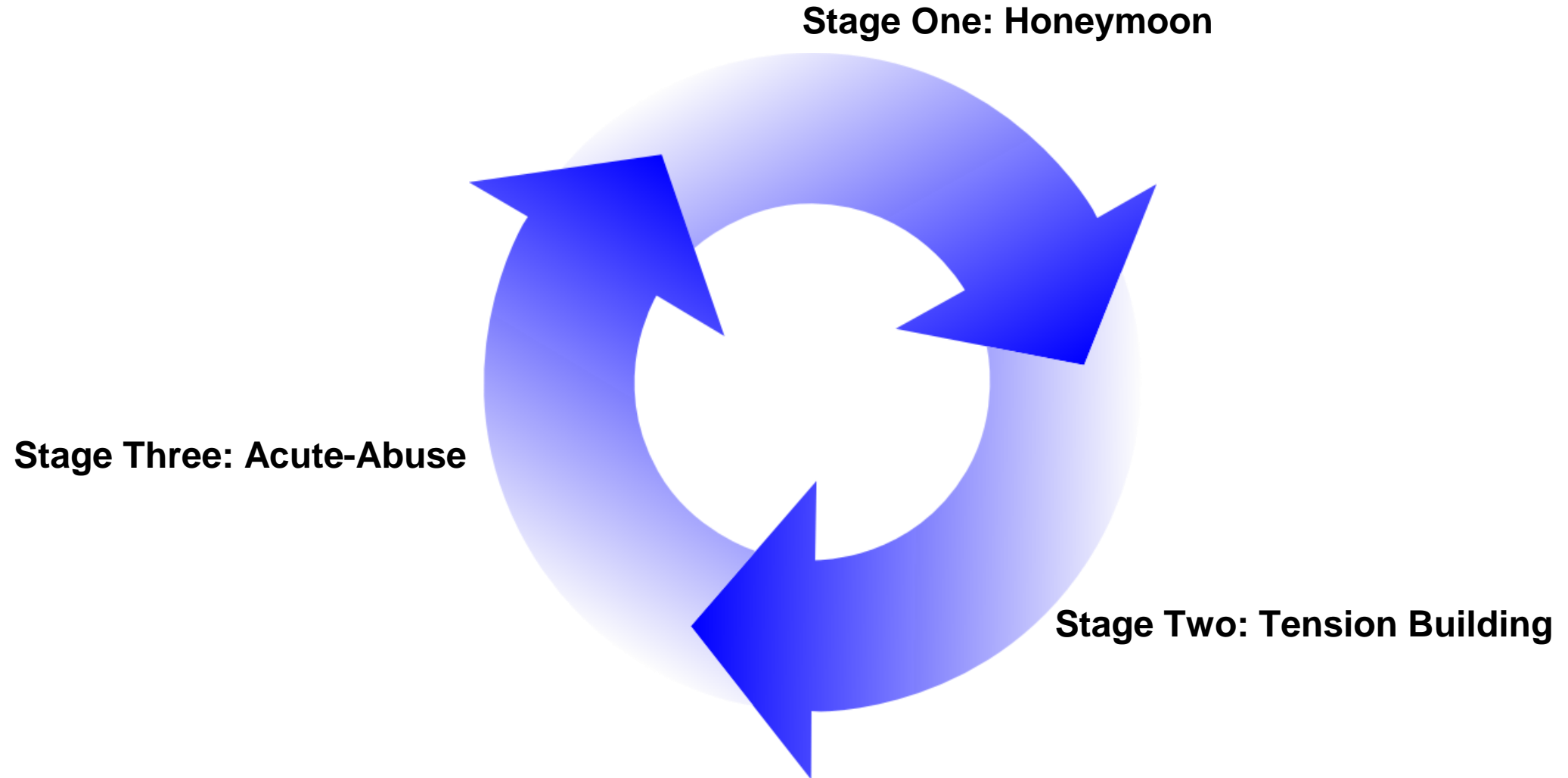
# Types of Abuse

- Teen Dating Violence
- Physical
- Verbal/Emotional/Psychological
- Financial
- Sexual

# Warning Signs

- Jealousy
- Controlling Behaviour
- Quick Involvement
- Unrealistic Expectations
- Isolation
- Blaming
- Hypersensitivity
- Cruelty to Animals
- ‘Playful’ use of Force in Sex
- Abrupt Mood Changes
- History of Violence
- Threats
- Breaking or Throwing Objects (House Battering)
- Any Force During an Argument

# Domestic Violence





# Exposure to Violence

- <http://youtube.com/watch?v=O4zP50tEad0>

# Exposure to Violence

- It is estimated that between 3.3 and 10 million children witness domestic violence each year
- Studies have found that 80 to 90 percent of children living in homes with domestic violence are aware of the violence
- Between 1993 and 1998, 45 percent of all female victims of domestic violence lived in households with children under the age of 12


# Exposure to Violence

- Often, children who witness domestic violence also are physically, sexually, or emotionally abused themselves
- Both child maltreatment and domestic violence occur in an estimated 30 to 60 percent of families where there is some form of family violence
- In a national survey of over 6,000 families, 50 percent of the men who frequently assaulted their wives also frequently abused their children and the more frequent the violence against the woman, the more likely it is that the children are also abused

# ACE – Adverse Childhood Experiences

- Adverse Childhood Experiences, or ACEs, are potentially traumatic events that occur in childhood (0-17 years)
- Adverse Childhood Experiences have been linked to
  - risky health behaviors,
  - chronic health conditions,
  - low life potential, and
  - early death

# Preventing Aces

 Preventing ACEs	
Strategy	Approach
<b>Strengthen economic supports to families</b>	<ul style="list-style-type: none"><li>• Strengthening household financial security</li><li>• Family-friendly work policies</li></ul>
<b>Promote social norms that protect against violence and adversity</b>	<ul style="list-style-type: none"><li>• Public education campaigns</li><li>• Legislative approaches to reduce corporal punishment</li><li>• Bystander approaches</li><li>• Men and boys as allies in prevention</li></ul>
<b>Ensure a strong start for children</b>	<ul style="list-style-type: none"><li>• Early childhood home visitation</li><li>• High-quality child care</li><li>• Preschool enrichment with family engagement</li></ul>
<b>Teach skills</b>	<ul style="list-style-type: none"><li>• Social-emotional learning</li><li>• Safe dating and healthy relationship skill programs</li><li>• Parenting skills and family relationship approaches</li></ul>
<b>Connect youth to caring adults and activities</b>	<ul style="list-style-type: none"><li>• Mentoring programs</li><li>• After-school programs</li></ul>
<b>Intervene to lessen immediate and long-term harms</b>	<ul style="list-style-type: none"><li>• Enhanced primary care</li><li>• Victim-centered services</li><li>• Treatment to lessen the harms of ACEs</li><li>• Treatment to prevent problem behavior and future involvement in violence</li><li>• Family-centered treatment for substance use disorders</li></ul>

# Consent

*Consent shall be defined to mean positive cooperation in an act or attitude pursuant to an exercise of free will. The person must act freely and voluntarily and have knowledge of the nature of the act or transaction involved (California Penal Code 261.6)*

Consent <u>IS</u>	Consent <u>IS NOT</u>
<ul style="list-style-type: none"><li>• YES means YES<ul style="list-style-type: none"><li>• Conscious and voluntary agreement to engage in sexual activity</li><li>• Based on choice and equal power</li><li>• Freely given permission</li><li>• Active, not passive</li></ul></li></ul>	<p>When a person is:</p> <ul style="list-style-type: none"><li>• Under the influence of drugs or alcohol</li><li>• Under the age of 18 (age of consent)</li><li>• Under force or coercion</li><li>• Threatened or blackmailed</li><li>• Asleep/unconscious</li><li>• Not capable of understanding what consent means</li></ul> <p><b>SILENCE DOES NOT EQUAL CONSENT</b></p>

# Why do victims stay?

- Love
- Self-blame
- The abuser threatens murder or suicide
- Lack of resources
- Cultural or religious beliefs
- Normalization/lack of experience with healthy relationships
- Mistrust of police

# Why do they batter?

- Jealousy
- Faulty Role Models
- Gender Roles
- History of Abuse
- Fears and Insecurities



# If you have experienced domestic violence:

- Remember that it is not your fault
- Be aware that there is help available and that there are people who WANT to support you
- Call a hotline to talk, get help finding resources, and find out what your options are
- Try to find a support network of friends and/or family who you can talk to
- Express your feelings (in a journal/diary, through art or movement)

# If you know someone who has experienced domestic violence:

- Listen to them without judging
- Remind them that they are not to blame for the violence perpetrated against them
- Normalize and validate their feelings
- Myth bust
- Make them aware of school and community resources

# Resources

- Domestic Violence Agencies:
  - YWCA Glendale DV Project
    - (888) 999-7511
  - Family Violence Project
    - (818) 505- 0900
  - Good Shepherd
    - (323) 737- 6111
  - Asian Pacific Women's Center
    - (213) 481- 1792
  - 1736 Family Crisis Center
    - (310) 379- 3620
- Emergency Shelters
  - The People Concern
    - (310) 264- 6644
  - Jenesse Center
    - (800) 479- 8121
  - Angel Step Inn
    - (323) 780- 4357
  - House of Ruth
    - (323) 266- 4139
  - Covenant House California
    - (323) 461- 3131

# Resources

- Sexual Assault/ Rape Crisis Agencies
  - Strength United
    - (818) 787- 9700
  - Riverside Area Rape Crisis Center
    - (951) 686- 7273
  - Rape Treatment Center
    - (424) 259- 7208
  - East LA Women's Center
    - (800) 585- 6231
- Legal Resources
  - Harriet Buhal Center for Family Law
    - (213) 388- 7505
  - Victims Witness Assistance Program
    - (800) 777- 9229
  - Neighborhood Legal Services
    - (818) 834- 7522
  - Legal Aid Foundation Los Angeles
    - (800) 399- 4529
  - Break the Cycle
    - (424) 265- 7346

# Resources

- Youth/ Teen Services
  - Hathaway Sycamores
    - (626) 395- 7100
  - Children's Institute
    - (213) 260- 7600
  - Friends of the Family
    - (818) 988- 4430
  - Children of the Night
    - (800) 551- 1300
  - Para Los Ninos
    - (213) 623- 8446
- Substance Abuse Services
  - The People Concern
    - (310) 264 -6644
  - Union Station Foundation
    - (626) 250- 4550
  - SHARE!
    - (213) 213- 0100
  - Casa de las Amigas
    - (626) 792- 2700
  - Alcoholism Center for Women
    - (213) 381- 8500

# Resources

- Batterers Intervention
  - Twin Palms Recovery Center
    - (626) 968 – 8875
  - Sunrise Community Counseling Center Inc.
    - (213) 207– 2770
  - About Face: Domestic Violence Intervention Project
    - (213) 384 – 7084
  - A Second Wind Violence Prevention Project
    - (661) 947 - 6642
  - 1AAA
    - (310) 836- 1818
- Anger Management
  - Valley Women’s Center
    - (818) 713 – 8700
  - The Village Family Service
    - (818) 755 - 8786
  - SAFE REFUGE
    - (562) 987 - 5722
  - Plaza Community Services
    - (323) 267- 9749
  - Korea American Family Service Center
    - (213) 389 - 5755
  - 2<sup>nd</sup> Call
    - (310) 916 – 1902

# Questions?

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