



How 0-5 differs from other age groups

Why assess

How to assess

Where to refer and resources



## Why is 0-5?

- The first five years are CRITICAL to health and brain development
- Children grow more during the first 5 years of their life than at any other point across their life span, in including adolescence.
  - Body weight quadruples
  - Heigh doubles
  - Head circumference grows by a third

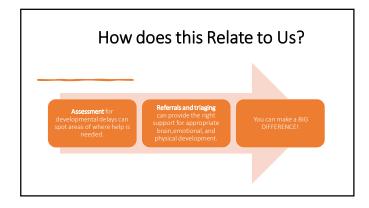
Brain Development in Early Childhood



## Why is this important?

- Infants need a safe and supportive environment to promote physical, motor and brain development.
- Early experiences create a foundation for lifelong learning and behavior.
- These experiences can also set the foundation for mental health issues, relationships issues and poor physical health outcomes.









## How Does This Relate to Us?

- > It's not just physical needs and physical safety.
- Caregiver and child interaction shapes how kids develop relationships and understand the world around them.
- There needs to be assessment for what caregivers need to support in their caretaking and child rearing
- Parents also need support of their trauma to assist with their relationship with their shildern



Referrals for Parent Trauma Adult Mental Health and parenting programs

Fundamental of Fatherhood in Long Beach

Project Fatherhood Children's Institute International

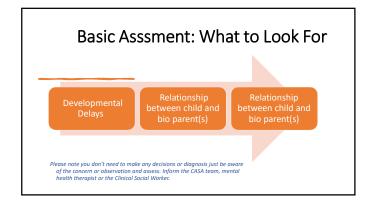
Safe Harbor Trauma Recover Center (South Bay)

Referrals for Parent-Child Therapy Reflective Parent Program

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Parent Child Interaction Therapy

Incredible Year



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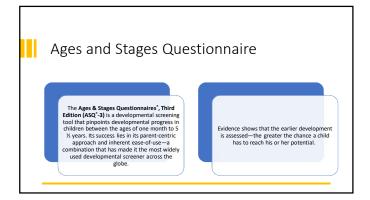
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Janet is a 2 year-old that has been removed from her home due to exposure to domestic violence. Janet's caregivers indicates she has intense tantrums, especially when getting into her car seat. Caregivers indicate it is difficult for her to eat specific types of foods. Caregiver worries that Janet should be speaking more for her age, but is not sure if her speech is normal for her age range. Caregiver, has also been struggling with Janet's tantrums when Janet hits and screams, and she says she does not know how to handle it.



ASQ has different domains:

Communication

Gross Motor Skills

Fine Motor Skills

Problem Solving

Personal-Social Skills

ASQ is a screener that assist to assess if a child may need further evaluation for speech therapy, occupational therapy, Regional Center Evaluation.

Department of Mental Health ( 1-800-854-7771)
Developmental Concerns your local Regional Centers
Refer School Districts for ages 3-5
Inform the Clinical Social Worker (at times they have to do the referrals for children in foster care system)

## References

- Stroud, B. (2012) How to a Measure a Relationship A Practical Approach to Dyadic Interventions, (pp.20,21) North Charleston, South Carolina: CreateSpace Independent Publishing Platform.
- Squires, J., & Bricker, D. (2009). Ages & Stages Questionnaires®, Third Edition (ASQ®-3): A Parent-Completed Child Monitoring System. Baltimore: Paul H. Brookes Publishing Co., Inc.