

Youth Moving On

PRESENTED BY

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youth
moving
on
*a program
of HillSides*

Who We Are

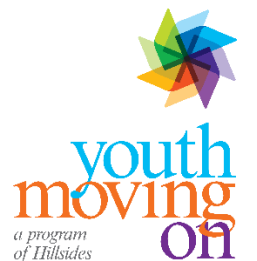
- ▶ Youth Moving On (YMO) provides transition-age youth ages 16 – 25 with a continuum of support services to empower them to find lasting independence and a lifetime of personal fulfillment.
- ▶ Peer Resource Center (PRC) and Transitional Housing.
- ▶ Many youth accessing services are former foster youth who may be homeless, at risk of homelessness, or lack support and resources.
- ▶ Gaining access to services can be difficult, however we strive to minimize these barriers for youth and provide a “one-stop-shop” for centralized services and support.

YMO Background and Rationale

- ▶ Over 5,000 youth transition out of foster care each year in California with the intention of becoming fully independent. Youth are burdened with the expectation of maintaining housing and a livable wage. Without the essential safety nets of support, youth struggle and become ensnared by chronic homelessness and periods of incarceration; others are able to secure a job and an apartment, but labor intensely to live above the poverty line.

History of YMO

- ▶ In 2005, with the support from the Everychild Foundation, Hillside created the innovative Youth Moving On transitional housing program (YMO). Each year our services have expanded to respond to the growing needs of the youth. Our health and wellness, workforce development, life skills and financial literacy programs are grounded in the belief each youth has the right to self-determination and the ability to achieve their goals. Through our Peer Resource Center (PRC), transitional housing, and affordable, permanent, supportive housing programs--youth are strengthened through internships, subsidized education/scholarships, and linkage to other support service providers.



Peer Resource Center “One-Stop Shop”

- ▶ Individualized Case Management
- ▶ Mental Health Services
- ▶ Substance Abuse Services
- ▶ Workshops: Cooking, Art, Mindfulness, Legal Aid
- ▶ Career and Educational Planning: The WOW Book
- ▶ Linkage to Resources (Next Step Tools)
- ▶ Computer Lab, Printing and Internet Access

Peer Resource Center “One-Stop Shop”

- ▶ Food – Lunch
- ▶ Shower Services
- ▶ Laundry Services
- ▶ Hygiene Products
- ▶ School Supplies
- ▶ Clothing Assistance
- ▶ Phone Charging Station

YOUTH MOVING ON PEER RESOURCE CENTER

is resuming limited operations

WE WILL PROVIDE:

- Computer access for employment or school use only
- Case management support
- Meals
- Hygiene products

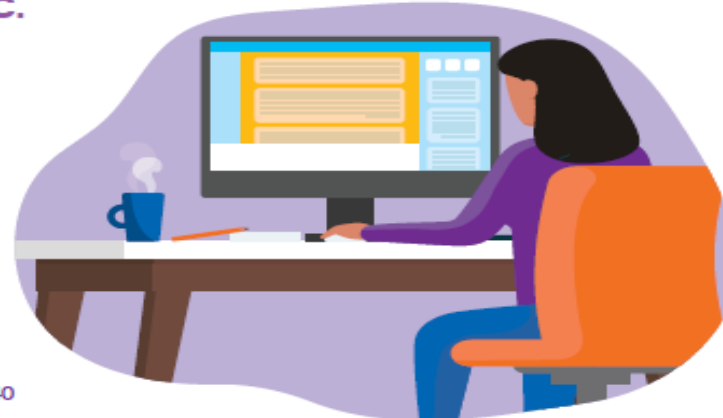
ALL SERVICES ARE FREE!

- All persons must wear a face mask and practice social distancing while in the PRC.
- Hanging out in front of the PRC will not be allowed.
- For youth 16-25 years old.

STARTING JUNE 1, 2020

**MONDAY - FRIDAY
11 A.M. - 3 P.M.**

- **5 slots per hour**
(No reservation necessary for meal or hygiene product pick-up)
- **Youth must call the PRC to reserve a slot**
626.765.6010



YMO Peer Resource Center
456 E Orange Blvd., Suite 140
Pasadena, CA 91104
T 626.765.6010
F 626.765.6957
youthmovingon.org



SAMHSA PEER Grant and PRC ACCESS Center

Peer Engagement and Entry to Recovery (PEER) is our street outreach program which provides socially and culturally relevant peer recovery support services to homeless transitional-aged youth (TAY), ages 16-25, with a substance use and/or co-occurring disorder in LA County.

- ▶ The project will provide peer support services to 250 unduplicated youth in year one, 300 in year two, and 350 in year three (900 over project period).
- ▶ PEER will deploy mobile teams of Peer Recovery Support Specialists (PRSS) that will be based out of Hillside's Peer Resource Center (PRC) in Pasadena, CA. The mobile teams will travel to homeless "hotspots" throughout LA County to engage with youth experiencing homelessness.

PEER Grant continued...

- ▶ Peer staff will carry survival kits and other vital materials as a way of engaging and assisting homeless youth with their basic needs.
- ▶ Once a youth demonstrates interest in recovery services, staff will assess them using the Screening, Brief Intervention and Referral to Treatment (SBIRT) method. If treatment is indicated, Seeking Safety will be implemented as one possible treatment modality.
- ▶ The PRC will serve as a hub for the mobile teams while also providing intensive drop-in support services, such as comprehensive mental health that is leveraged through other funding sources.
- ▶ Provides face to face contact with underserved populations during a time when most providers are offering telehealth only.

LAHSA ACCESS Center

- ▶ In fall of 2019, YMO PRC was awarded the LAHSA TAY ACCESS Center contract for SPA 3.
- ▶ Access Centers are drop-in locations where persons experiencing a housing crisis can gain initial access to or continue contact with LA County Coordinated Entry System.
- ▶ The Peer Resource Center is the SPA 3 hub for TAY youth experiencing homelessness or at risk of becoming homeless to complete the Next Step Tool and gain referrals to housing through the Coordinated Entry System for LA County.
- ▶ ACCESS Center funding also gives us the ability to offer diversion and other supportive services.

PRC Outcomes

- ▶ During the fiscal year 2018 – 19, we served 578 young adults and have provided 2,646 one-on-one services.
- ▶ We have enrolled 230 new young adults and have served 316 returning members.
- ▶ Facilitated 80 workshops/classes serving 388 young adults.
- ▶ During the last fiscal year, 20-21, we served 240 young adults and enrolled 151 new members.
- ▶ Approximately 60% of youth who access the drop-in center have a history of foster care or juvenile probation involvement.

YMO Housing

- ▶ 18-Bed transitional housing program for youth transitioning out of the foster care or juvenile probation system.
- ▶ On-site supportive services offered to increase independent living skills including: trauma-informed psychotherapy, linkages to community resources (DPSS, FAFSA, etc), linkages to permanent housing, cooking classes and meal planning, interviewing skills, resume building, budgeting and money management, assistance in applying for school, jobs and public assistance.
- ▶ Monthly group meetings to assist in increasing ability to live independently with topics such as: “interacting with law enforcement, coping skills, how to purchase insurance plans, healthy meal planning, etc.


YMO Housing

- ▶ ILP Youth versus Transitional Youth Graduated Rent System
- ▶ ILP Youth: aged 18-21; were in a foster or juvenile probation placement on their 16th birthday; receive 75% of their rent back at the end of their two years in transitional housing.
- ▶ Transitional Housing Youth: aged 21-25; pay graduated rent starting at \$100 a month for the first year of the program, then \$200 for six months and lastly \$300 for their final six months. The youth also have the option of paying 30% of their income.
- ▶ Last fiscal year YMO Transitional housing served 24 young adults.

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Hillsides
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YMO: Where youth age-in to success.
•A one-stop-shop of support for youth in need, ages 16-25.
•Jobs, housing, food, resources & more! •(626)765-6010
www.youthmovingon.org

