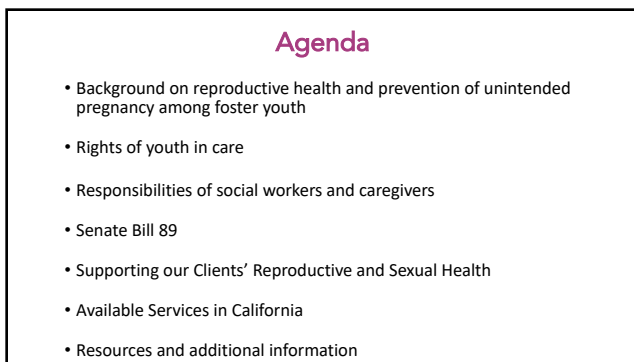
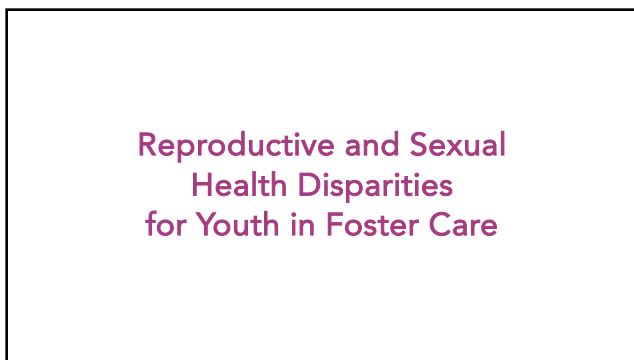


1



2



3

Adolescent Sexual Development- What Is Normal?

STAGE	FACTS
Early Adolescence Females: 9-13 years old Males: 11-15 years old	<ul style="list-style-type: none"> • Puberty/concern with body changes and privacy • Development of first crush • Sexual fantasies common • Sexual intercourse not common before age 13
Middle Adolescence Females: 13-16 years old Males: 15-17 years old	<ul style="list-style-type: none"> • Increasing concern with appearance • Peer influence strong • Dating/Experimentation with relationships and sexual behavior common • Sexual behavior doesn't always match orientation
Late Adolescence Females: 16-21 years old Males: 17-21 years old	<ul style="list-style-type: none"> • Firmer and more cohesive sense of identity • Ability to establish mutual trusting relationships • More abstract thinking

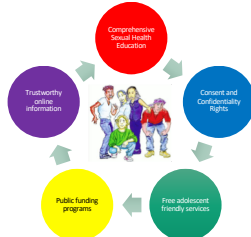
Source: Excerpt from: Monasterio E, Combs N, Warner L, Larsen-Fleming M, St. Andrews A. (2010). Sexual Health: An Adolescent Provider Toolkit. San Francisco, CA: Adolescent Health Working Group, San Francisco.

4

California's Rich Network Of Sexual And Reproductive Health Information And Services

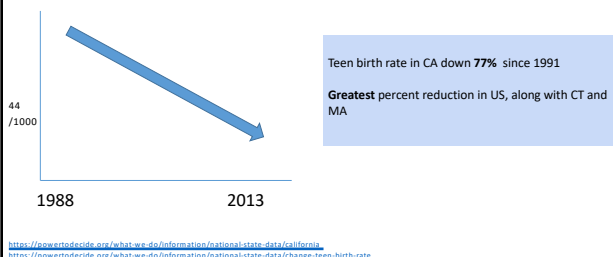
Highlights:

- Mandatory comprehensive sexual health education in public middle and high schools
- Consent rights that allow adolescents who need care to confidentially access it
- A network of clinics, specially trained to address adolescent needs
- Public funding streams for sexual health services to ensure free access
- State agencies coordinating coverage, and
- Trustworthy information for teens and adult caregivers



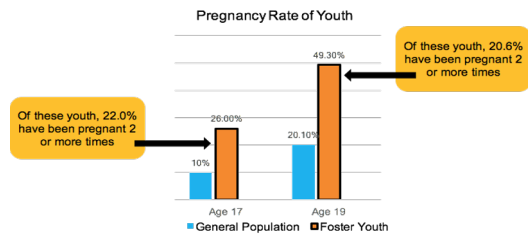
5

Reduction of Teen Pregnancy Rates



6

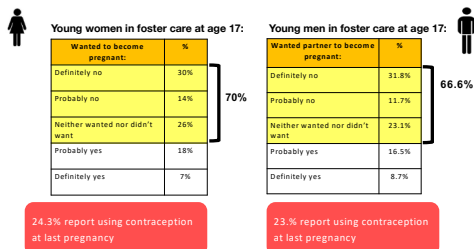
Yet, Almost 50% Of Females In Foster Care In CA Will Have Been Pregnant At Least Once By Age 19



Source: Courtney et al., Findings from the California Youth Transitions to Adulthood Study: Conditions at Age 17 and at Age 19 (2014, 2016).

7

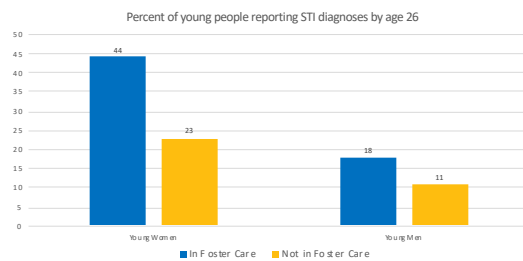
Are These Pregnancies Intended?



Source: Courtney et al., Findings from the California Youth Transitions to Adulthood Study: Conditions at Age 17 (2014).

8

STIs in Foster Care



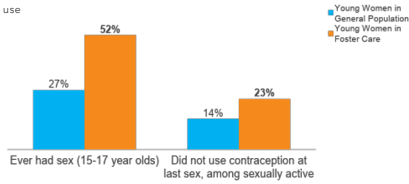
Source: Child Trends, 2017

9

Reproductive Health & Foster Youth

Compared with peers:

- Earlier sexual debut
- Less likely to use birth control
- Decreased condom use



Source: Data from Courtney, Midwest Study. Multiple other studies support.

10

Effects Of Early, Unwanted Pregnancies And Related Outcomes



At age 19, of those who had not enrolled in higher education, **30%** cited the need to care for children as a major barrier to returning to school



At age 24, having a child reduced a woman's odds of being employed by **30%**- holding education attainment constant



Children born to foster youth were 3 times more likely to have a substantiated report of maltreatment by age 5 than children born to the same-age youth not in foster care*

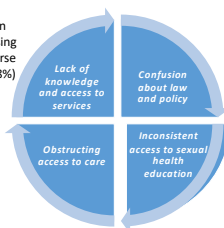
*Remember that foster youth are already involved and supervised by the child welfare system

11

Foster Youth Face Unique Barriers

Foster youth were more than twice as likely to report not using contraception during intercourse in the last year (32.7% vs. 14.8%)

California Planned Parenthood v. Promesa Behavioral Health



Just a third of child welfare workers reported that they felt adequately trained on this topic. Many report that it has not been clear who is responsible for sexual health.

- School and placement instability
- Non-public school

Sources: Constantine, Sex Education and Reproductive Health Needs of Foster and Transitioning Youth in Three California Counties, 2009 at: from <http://crahd.ghh.org/FTYState-PullReport-3-2-09.pdf>

12

Rights of Youth in Care Related to Sexual and Reproductive Health

13

Know Your Sexual and Reproductive Health Rights

KNOW YOUR RIGHTS

KNOW YOUR RIGHTS

KNOW YOUR RIGHTS

Your Sexual and Reproductive Health Care and Related Rights

KNOW YOUR RIGHTS

KNOW YOUR RIGHTS

KNOW YOUR RIGHTS

CDSS Know Your Sexual and Reproductive Health Rights Brochure

14

Reproductive Rights of all Youth in California



The right to **consent to or decline medical** care for:

1. The prevention or treatment of pregnancy, including contraception, at any age (except sterilization)
2. An abortion, at any age
3. Diagnosis and treatment of sexual assault, at any age
4. The prevention, diagnosis, and treatment of STIs and HIV, at age 12 or older

All rights are listed with legal and regulatory citations in ACL 16-82

15

What Does Right To Consent Mean?

- Youth can receive care without need for consent from a parent, caregiver, guardian, social worker, probation officer or the court.
- The provider cannot require consent from anyone else but the youth.
- The provider cannot provide the care without a youth's consent.

16

All children and youth in California have these rights – even yours!

Foster youth don't "lose them" when they become dependents

California Minor Consent Laws			
When can youth consent for minor services and providers' requirements			
	Minor Consent Sufficient for Confidentiality	Parent/Guardian Consent Required	Parent/Guardian Notification Required
Abortion	Yes	No	
Birth Control	Yes (except sterilization)	No (except sterilization)	
Pregnancy (Prenat. Dx & TX)	Yes ¹	No ²	
STIs, Contraception & Reproductive Diseases (Dx & Tx)	Yes (minors ≥12 years)	Not needed for minors ≥12 years	Not allowed without consent of minor
HIV Testing	Yes (minors ≥12 years and assessed as competent to give informed consent)	Not Needed for minors ≥12 years, unless desired doctor patient to consent	
Outpatient Mental Health Treatment	Yes ³ (minors ≥12 years)	Yes (except 1)	An attempt should be made, except when the provider believes it is inappropriate
Alcohol/Drug Abuse Treatment	Yes (minors ≥12 years)	Not needed for minors ≥12 years, except for medications treatment ⁴	Not allowed without consent of minor
Rape ⁵	Yes (minors ≥12 years)	Not Needed ⁶ for minors ≥12 years	
Sexual Assault ⁷	Yes	No	An attempt must be made except when provider believes, parent or guardian not responsible

1. Including treatment of HIV
2. At 12 years of age, minors can consent to emergency contraception, emergency abortion, and emergency STI treatment
3. At 12 years of age, minors can consent to emergency contraception, emergency abortion, and emergency STI treatment
4. At 12 years of age, minors can consent to emergency contraception, emergency abortion, and emergency STI treatment
5. At 12 years of age, minors can consent to emergency contraception, emergency abortion, and emergency STI treatment
6. At 12 years of age, minors can consent to emergency contraception, emergency abortion, and emergency STI treatment
7. At 12 years of age, minors can consent to emergency contraception, emergency abortion, and emergency STI treatment

See www.TeenHealthLaw.org

17

Reproductive Rights of all Youth in California



The right to patient confidentiality regarding reproductive and sexual health services and records unless there is written consent to disclosure or through court order.



* Youth has a right to withhold consent to disclosure
The right to **privacy for examination** or treatment by a medical provider, unless the youth specifically requests otherwise.

All rights are listed with legal and regulatory citations in ACL 16-82

18

Reproductive Rights of all Youth in California



What does the right to confidentiality mean?

- If youth receives reproductive and sexual health services and/or asks questions about sex, contraception or other related topics during a health appointment, ***the provider cannot share that information with the youth's parents, caregivers, group home, social worker, probation officer or others without the youth's written consent.***
- Youth may ask their doctor before receiving care if the doctor will maintain confidentiality.

All rights are listed with legal and regulatory citations in ACL 16-82

19

Reproductive Rights of Foster Youth in California



The right to have access to age-appropriate, medically accurate information about

- reproductive and sexual health care,
- the prevention of unplanned pregnancy including abstinence and contraception,
- abortion care,
- pregnancy services, and
- the prevention, diagnosis, and treatment of STIs, including but not limited to the availability of the Human Papillomavirus (HPV) vaccination.

All rights are listed with legal and regulatory citations in ACL 16-82

20

Reproductive Rights of Foster Youth in California



The right to be provided with transportation to reproductive and sexual health related services.

- "Many reproductive health services are time-sensitive (e.g. emergency contraception, abortion); therefore, transportation must be provided in a timely manner in order to meet the requirement."



The right to obtain, possess and use the contraception of their choice, including condoms

- "Group home and short-term residential therapeutic program (STRTP) staff may not confiscate a youth's contraception as part of its disciplinary program."

All rights are listed with legal and regulatory citations in ACL 16-82

21

Reproductive Rights of Foster Youth in California



The right to have **private storage space** and to be free from unreasonable searches of his or her personal belongings.



The right to receive **medical services** and to choose his or her own health care provider



The right to independently **contact state agencies**... regarding violations of rights...to speak to representatives of these offices **confidentially**, and to be **free from threats** or punishment for making complaints

All rights are listed with legal and regulatory citations in ACL 16-82

22

LGBTQ and Gender Non-Conforming Youth

- Same rights as all other foster youth and NMDs.
- Right to be placed and live in out-of-home care according to their gender identity regardless of gender or sex listed in their record
- Access to gender-affirming medical and behavioral health care
- Adequately trained caregivers and child welfare personnel
- Fair and equal access and freedom from harassment and discrimination

* ACIN 1-30-18 SB 731 Frequently Asked Questions

23

Obligations of Caseworkers and Caregivers to Support Healthy Sexual Development

Source: CDSS, A Guide for Case Managers: Assisting Foster Youth with Healthy Sexual Development and Pregnancy Prevention (2017); CDSS ACL 16-88; Welfare and Institutions Code 16501.1(g)(20),(21)

24

Required Responsibilities of Caseworkers



- **Inform** youth of their rights upon entry into foster care and at least once every six months
 - "...ensuring the youth understands their rights based on their age and developmental level."



Provide **access** to age-appropriate medically-accurate, and culturally sensitive information about all of the following:

- Sexual development
- Reproductive and sexual health care
- The prevention of unplanned pregnancies
- Use of birth control
- Abortion
- The prevention and treatment of sexually transmitted infections (STIs)

25

Required Responsibilities of Caseworkers



Inform foster youth of their right to **consent** to sexual and reproductive health care



Ensure **barriers** to services are addressed in a timely and effective manner



Inform foster youth of their rights to **confidentiality** and written consent prior to any disclosure(s)



Ensure youth are up-to-date on their annual **medical** appointment



Ensure personal **biases** and/or religious beliefs are not imposed upon foster youth

26

Addressing Barriers to Care

Some examples of typical barriers the youth have faced:

- Youth is unaware of their insurance information or doesn't have a copy of his/her medical card
- Youth doesn't know how to schedule a sexual health doctor's appointment or is too embarrassed
- Youth doesn't have transportation to a medical appointment
- Youth reports that placement prohibits or confiscates contraception
- Youth reports that placement refuses to let youth seek sexual health care at preferred provider
- Regular care provider doesn't feel trustworthy to youth

27

Required Responsibilities of Resource Families and STRTPs



- Use Reasonable and Prudent Parent (RPP) standard to support the healthy sexual development of youth
- Assist the youth and/or NMD to access health services
- Communicate with the caseworker if referrals must be made or if they require assistance to access resources and services
- Maintain the youth's privacy and confidentiality
- Direct youth to reliable sources of information
- Arrange for timely transportation to health-related services
- STRTPs must provide a locked storage container to all youth so they may store condoms, birth control, emergency contraception pills etc.



Source: CDSS ACL 16-88, California Plan to Address Unintended Pregnancy

28

Senate Bill 89 Effective 7/2017



Case Plan Provision: New requirements to document that certain activities have been completed.



Training Provision: New training requirements for social workers, caregivers and judges.

29

Case Plan Provision: Social Worker Documentation

Youth has received the required comprehensive sexual health education in school, at least once in middle school and at least once in high school

- Applies to youth 10 years of age or older and NMDs
- If the youth/NMD did not receive the instruction in school, that case plan shall document how the county will ensure that they receive the education



30

Comprehensive Sexual Health Education In California Schools

California Health Youth Act (CHYA), enacted 1/1/16

15 Teaching Criteria
(partial list below)

- Age appropriate
- Medically accurate and objective
- Affirmatively recognize that people have different sexual orientations
- Teach pupils about gender, gender expression, gender identity
- Accessibility for disabled youth
- Culturally sensitive and appropriate for all ethnic backgrounds
- And more!

16 Required Topics
(partial list below)

- Nature of HIV
- Effectiveness and safety of all FDA approved methods that prevent or reduce the risk of contracting HIV and other STIs
- Objective discussion of all legally available pregnancy outcomes
- Sexual harassment, sexual assault, sexual abuse, and human trafficking
- Adolescent relationship abuse and intimate partner violence
- And more!

Full list of requirements: Chapter 5.6 of Part 28 of Division 4 of Title 2 of the Ed. Code

31

Common Barriers Faced By Foster Youth In Receiving the Required Comprehensive Sexual Health Education (California Healthy Youth Act)

32

Child Welfare Worker Must Also Document

That they have Informed youth 10 years and older and NMDs of:

- ☒ Their right to access age-appropriate, medically accurate information about reproductive and sexual health care.
- ☒ Their right to consent to sexual and reproductive health services and his or her confidentiality rights regarding those services.
- ☒ How to access reproductive and sexual health care services and facilitated access to that care including removing any barriers to care.

These rights aren't new!
But requiring these activities have been completed to be documented in the case plan annually is!

33

Three groups are required to be trained:

Three groups are required to be trained:



Social Worker



Judge

34

- Training for Social Workers began in July 2019
- FYI(1): **Youth Reproductive Health and Pregnancy** (0600-507.10)
Revision Date: 02/04/19
- FYI (2): **Implementation of senate bill 89 mandates part ii: improving access to sexual health education** Issue 20-02; Issue Date 03/03/20
- 1726 Form Update
- Client Interview Survey

- Training for Social Workers began in July 2019
- FYI(1): **Youth Reproductive Health and Pregnancy** (0600-507.10)
Revision Date: 02/04/19
- FYI (2): **Implementation of senate bill 89 mandates part ii: improving access to sexual health education** Issue 20-02; Issue Date 03/03/20
- 1726 Form Update
- Client Interview Survey

35

You may be wondering:

- Is this normal?
- I'm already having fun and making friends. I don't get pregnant!
- Can I get a pregnancy test by myself? I'm okay?
- How do I know if I'm in trouble (abused)? Can I talk to a doctor, priest, or someone I trust? I feel pressured to do some things that I don't want to do.
- What is birth control and how do I choose one that is right for me?

IF YOU ARE IN FOSTER CARE, YOU HAVE RIGHTS!

You may be wondering:

- Is this normal?
- I'm already having fun and making friends. I don't get pregnant!
- Can I get a pregnancy test by myself? I'm okay?
- How do I know if I'm in trouble (abused)? Can I talk to a doctor, priest, or someone I trust? I feel pressured to do some things that I don't want to do.
- What is birth control and how do I choose one that is right for me?

IF YOU ARE IN FOSTER CARE, YOU HAVE RIGHTS!

You have the right to:

- If you missed sex ed information in school, talk to your teacher. Worker who will help you get the facts that you need!
- Not be asked for sexual information to join school
- Be treated with respect to your body
- Deciding whether you want to have sex or not
- Means that you can lower your chances of getting pregnant
- Means that you can lower your chances of getting an STD (items that are spread by having sex)

You have the right to:


- Choose the doctor or clinic that you want to go to
- Start on a method of birth control that you want to use
- Change the method of birth control you are using
- Get a pregnancy test
- Get care if you are pregnant (whether you want to have an abortion or have a baby)

Did you know?

You can receive many of these services at no cost to you with your **Medi-Cal card** (red) page 36

Youssef/Muhibb Schaefer

Your foster parent/ caregiver, group home staff or social worker are required to help you get a check-up. If you are worried about paying for your check-up or getting to the doctor or clinic, ask for help!



You have the right to private, confidential care:

- You don't need permission from a parent, foster parent, group home staff, court, probation officer, or social worker to go to a doctor or clinic.
- You can get care on your own, and you can ask your social worker for help in getting care without telling them about your business if you want to.
- You can use a doctor or go to a clinic and they will not tell anyone about what you wish unless you say it's okay.

If you are 12 years old or older, you have other health rights too:

- Talk to your social worker or lawyer; they can help you know your rights and get the care that you need.

VIDEOS, CHATS, AND WEBSITES FULL OF INFORMATION ARE JUST A CLICK AWAY:

Online Sex Ed Info:
Watchers on sexual health for youth
<http://www.YouthSexEd.com/SexEdIndex>

Answer: Videos about your body changes,
birth control options, proven teen sex, healthy
relationships, LGBTQ+ youth, pregnancy, and more

<http://www.YouthSexEd.com>
<http://www.YouthSexEd.com>
<http://www.YouthSexEd.com>

Planned Parenthood: Find a health center to get
your info and help about sexual health

<http://www.plannedparenthood.org/>
<http://www.plannedparenthood.org/>
<http://www.plannedparenthood.org/>

1-800-235-PLAN (7526)

IGOTYOU Youth:
<http://www.IGOTYOU.org/>
<http://www.IGOTYOU.org/>

Friends Worth Righting: Talk to the Foster Care
Ordinarian's Office to find out about all your
rights, have convincing hear what is going wrong,
or get help for what you need

<http://www.FriendsWorthRighting.org>
<http://www.FriendsWorthRighting.org>
<http://www.FriendsWorthRighting.org>

1-877-846-1402
info@friendsworthrighting.org

36

You may be wondering...

Can I get help if I'm in foster care?
I need a pregnancy test or a prenatal visit. How can I get help if I'm in foster care?
I need help getting birth control. How can I get help if I'm in foster care?
I need help getting a social worker. How can I get help if I'm in foster care?

IF YOU ARE IN FOSTER CARE, YOU HAVE RIGHTS!

If you attend out-of-state education to receive a high school diploma, you have the right to:

- choose the doctor or clinic that you want to go to
- get a pregnancy test
- start on any method of birth control that you want to use
- change your birth control method if you don't like it
- get answers to your questions about sex, relationships and health
- get care if you are pregnant (whether you want to have an abortion or have a baby)

did you know? You can receive many of these services at no cost. See page 50.

Is cost, insurance or transportation keeping you from getting care? Your social worker is required to help you deal with these challenges. If you don't have a social worker assigned, contact the Foster Care Ombudsman Office for help.
http://www.fostercareombudsman.org
817-877-8466-1002

You have the right to private, confidential care:

- You don't need permission from a parent, foster parent, group home staff, court, guardian ad litem, or social worker to go to a doctor or clinic, even if you are still under 18 years old.
- You can get care on your own, and you can ask your social worker for help in getting care without telling them your business if you don't want to.
- You can take a doctor or go to a clinic, and they will not tell anyone about your visit unless you say it's okay.

You have other health rights too, even if you are still under 18!

- Talk to your social worker or lawyer. They can explain your rights and help you get the care that you need.

Videos, chat, and websites full of information are just a click away at:

Online Sex Ed Info: Website for sexual health for youth
http://www.fostercareombudsman.org

Health Relationships:
http://www.fostercareombudsman.org

Health Insurance:
http://www.fostercareombudsman.org

Health Services:
http://www.fostercareombudsman.org

Health Topics:
http://www.fostercareombudsman.org

Health Topics:
http://www.fostercareombudsman.org

37

Supporting Our Clients' Reproductive and Sexual Health Needs

38

Strategies to Support Reproductive Health Equity:

- 1. Knowledge:** Comprehensive, accurate information from reliable sources.
- 2. Access:** Ensure that youth have access to **tools** and **services** that allow them to realize their decisions. Including identify and address barriers to care.
- 3. Inspire Motivation:** Motivation to make healthy decisions is tied to the ability to envision a bright **future**. Talk to youth about their vision and plan for the future.
- 4. Foster Relationships:** Encourage them to speak with a **trusted adult**.

39

Motivation: Support Planning for the Future

- ❖ Talk to youth about their plans for their future
- ❖ Let them know you believe in them
- ❖ Questions to provide support:
 - *What do you want to do when you grow up?*
 - *How can we make your dream a reality?*
- ❖ What supports and services are in place to maintain stability in the youth's placement, education, and extra curricular activities to help them achieve their goals?

40

Trusted Adults

- ❖ Encourage youth to speak to a trusted adult
- ❖ Who is the youth's trusted adult? If they can't identify one, what steps can be taken to identify one?
- ❖ What is your role?
 - Assume that no one else is talking to them about sexual health
 - It's never too early to start a conversation about sex and relationships
 - Have an open door for questions and conversations
 - Be inclusive and affirming – over representation of LGBTQ youth in out of home care

41

Having Sensitive Conversations with Youth

42

Keeping it Real...and Professional

- You can be yourself and still maintain professional boundaries
- You can build rapport without self disclosure
- Usually questions about your personal history are deeper values questions
- Get at the question behind the question
- If you are unsure about blurring boundaries, consult with supervisor or other staff

43

Shutting it down vs. Opening it up

- Our first responses to a client's comments can influence how that conversation will go, and whether there will be future conversations
- Is your first response usually a door opener or a door slammer?



44

Door Slammers

- Non-verbal:
 - Looking disgusted, shocked, anxious
 - Backing up, rolling eyes, avoiding eye contact
- Brushing off the question
- Making snap judgements, criticizing
- Promising to answer later but never following up
- Examples of door slammers:
 - "That's gross!"
 - "I don't want to talk about that"
 - "That's inappropriate!"
 - "we are not here to talk about me"
 - "That is none of your business"



45

Door Openers

- Non-verbal:
 - Looking calm, giving your full attention
 - Nodding, finding a quiet space
- Thank them for coming to you
- Ask clarifying questions
- Respect their beliefs
- Answer factual questions simply with accurate information- if you don't know the answer, say so
- Summarize and encourage more discussion
- Use inclusive language, avoid heterosexual assumptions



46

Door Openers- Sample Phrases

- What do you think?
- That's a good question
- Tell me what you know about that
- Do you know what that word means?
- Let's look that up online!
- Help me understand what you are feeling
- I'm really glad you told me about that
- I hope that answers your questions, please let me know if you need any more information
- A lot of people have this question...
- What do you know about this?

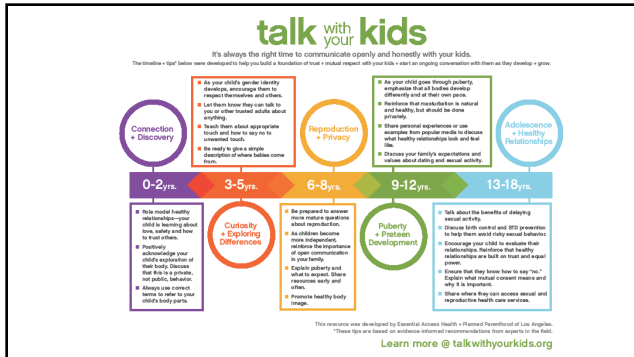
47

Communicating with Youth from Youths' Perspective

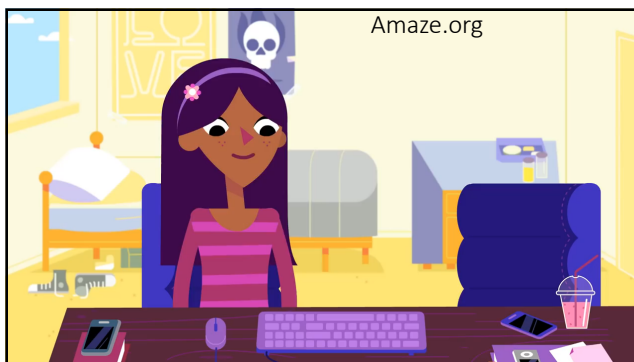


- ❖ Be inclusive and not gendered in how you ask questions
 - For example, "are you in a relationship?" instead of "do you have a boyfriend?"
- ❖ Look calm and give us your full attention
- ❖ Watch physical cues for signs of anxiety or stress
- ❖ Don't assume we are all sexually active and don't assume we are not
- ❖ Some of us may have already experienced something nonconsensual
- ❖ Don't set a lower bar for us just because we are in foster care
- ❖ Make sure there are no language barriers. Did youth really understand?

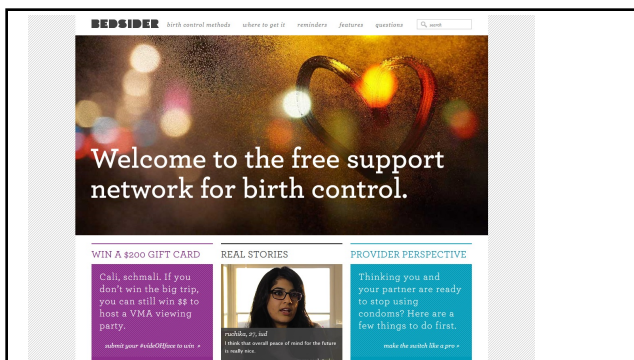
48



49



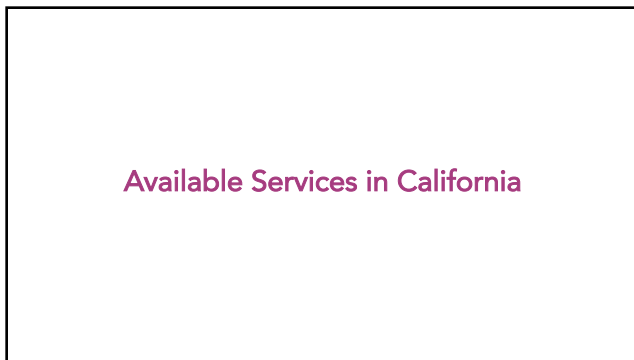
50



51



52




53

Medi-CAL

- Medi-Cal covers the following services for teens for no copays):
 - Birth control
 - STD testing
 - Pregnancy testing
 - Prenatal care
 - Abortion services

<https://www.dhcs.ca.gov/>



54

Family PACT

- Family PACT provides no-cost family planning services to men, women and teens. Some of the services include:

- Family planning counseling
- Birth Control methods
- STI testing and treatment
- Pregnancy testing and counseling



- You are eligible if...

- You have no medical insurance
- You have insurance, but it doesn't cover birth control or family planning
- You have insurance but you haven't met your deductible
- You have insurance or Medi-Cal, but you need to keep family planning services confidential

55

Where To Find Services And Clinic Referrals?

In addition to a youth's own Medi-Cal provider, there are over **2,200 public and private clinics**, health centers, and providers across the state with FamilyPACT and Title X funding to support access to free confidential sexual and reproductive health care and information for adolescents.

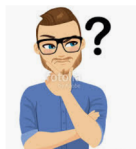
www.TeenSource.org



56

Be Aware Before Making a Referral to an Unknown Clinic:

- Does this clinic provide a full range of contraception options to patients?
- Are the providers licensed medical professionals?
- Is this clinic part of Medi-Cal or FamilyPACT?
- How do they discuss pregnancy options?
- Do they provide services to LGBTQ youth?



57

Condom Access Project

- Free CONDOMS for teens through **Condom Access Project** via www.teensource.org
- Condoms will be sent to the house or you can find out pick up locations
- Package includes condoms, lube and information



58

Resources for Professionals

- LA RHEP: www.fosterreprohealth.org
- National Council of Juvenile and Family Court Judges, www.ncjfcj.org (775) 784-6012
 - "When You Decide," A Judge's Guide to Pregnancy Prevention Among Foster Youth (includes checklists)
 - Critical Judgment: How Juvenile and Family Court Judges Can Help Prevent Teen and Unwanted Pregnancy
 - Ten Things Every Juvenile Court Judge Should Know About Trauma and Delinquency
- Public Health Institute, www.phi.org (510) 285-5500
 - Sex Education and Reproductive Health Needs of Foster and Transitioning Youth in Three California Counties
 - No Time for Complacency, Sexual Health Needs of California's Foster and and Transitioning Youth, Spring 2009

(c) LA Reproductive Health Equity Project for Foster Youth

59

Resources for Professionals

- California Adolescent Health Collaborative (a PHI project), www.californiateenhealth.org (510) 285-5712
 - Promoting the Sexual and Reproductive Health of Adolescents in Foster Care
- National Center for Youth Law, www.youthlaw.org (510) 835-8098
 - Consent to Medical Treatment for Foster Children: California Law A Guide for Health Care Providers, December 2008
- California Dept. of Social Services, Healthy Sexual Development Project, <http://www.cdss.ca.gov/inforesources/Foster-Care/Healthy-Sexual-Development-Project>
- L.A. County Department of Public Health
 - An Epidemiologic Profile of HIV and AIDS in Los Angeles County 2009, <http://publichealth.lacounty.gov/hiv>
 - Los Angeles County Sexually Transmitted Disease Morbidity Report, 2010, <http://publichealth.lacounty.gov/std/reports>

(c) LA Reproductive Health Equity Project for Foster Youth

60

Resources for Parents and Caregivers

- LA RHEP: www.fosterreprohealth.org
- The National Campaign to Prevent Teen and Unplanned Pregnancy, www.thenationalcampaign.org (202) 478-8500
 - 10 Tips for Foster Parents to Help Their Foster Youth Avoid Teen Pregnancy
- Children Now, Talking with Kids About Tough Issues, www.childrennow.org/index.php/learn/talking_with_kids (510) 763-244
- California Department of Social Services, Resources for Caregivers, <http://www.cdss.ca.gov/inforesources/Foster-Care/Healthy-Sexual-Development-Project/Resources-for-Caregivers-SW-PQ>
- TalkWithYourKids.org for caring adults (Essential Health Access)

(c) LA Reproductive Health Equity Project for Foster Youth

61

Resources for Youth

- Teen Source, <http://teensource.org>
- Planned Parenthood, <http://www.plannedparenthood.org>
- MTV's It's Your Sex Life, <http://www.itsyoursexlife.com>
- Sex Etc. (by teens for teens), <http://www.sexetc.org>
- It Gets Better Project (for LGBTQ youth), <http://www.itgetsbetter.org>
- Go Ask Alice (Columbia University), <http://www.goaskalice.columbia.edu>
- www.DontThinkKnow.org
- www.bedsider.org
- LA County STD Hotline, 800-758-0880
- Text CLINIC +your zip code to 61827 to find clinics near u
- CDSS Know Your Sexual and Reproductive Health Care Rights, <http://www.cdss.ca.gov/Portals/9/FMUForms/IA-P/PIR490.pdf>


(c) LA Reproductive Health Equity Project for Foster Youth

62

Questions?

Contact:

Luciana Svidler
Policy Associate/LA RHEP Coordinator
Children's Law Center of California
(323) 318-1032
svidler@clcia.org



63
