

Individualized Transition Skills Program

Program Supervisors:

Lucy Johnson

Stephani Collazo

Evelyn Medina

Program Director:

Julie Harbutte

Topics

1. What is ITSP?
2. TAY Talk/ The Bright Room Mental Health
3. Social Connections
4. IPS
5. REC (Research Evaluation Center)





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What is ITSP? Services Provide

ITSP

The Individualized Transitional Skills Program supports foster youth (age 16 to 21) as they transition from foster care to becoming productive and self-sufficient adults. Each TAY works with his or her own Transition Development Specialist (TDS).

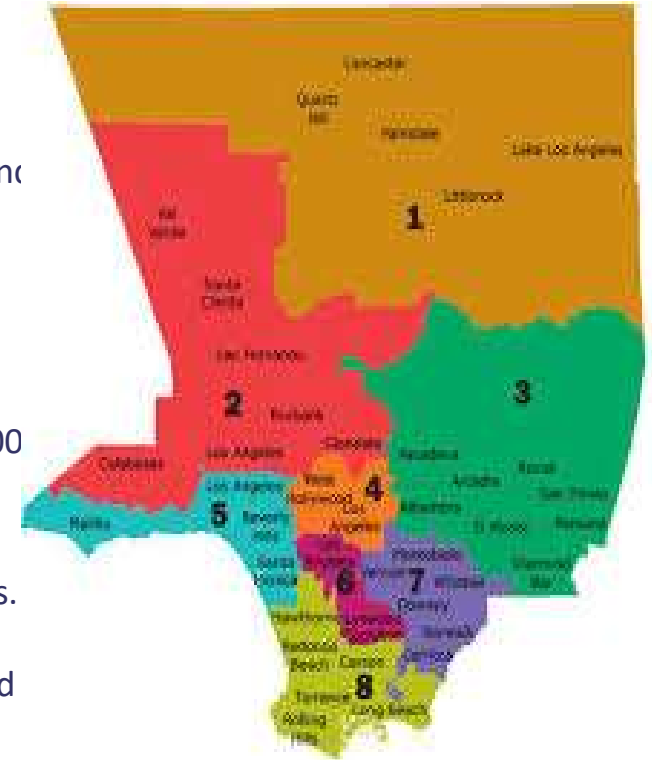
- ITSP is a two year voluntary program. The youth may Decline Services, Dis-enroll and Re-Enroll at any time before their 21st birthday.

- The TDS assists the youth in achieving their goals and work through the barriers in the way of those goals. Each youth will have different goals and different barriers. \$75.00 is given to the TAY every 6 months when completing a goal for a total of \$300 if they complete the full 2 years with ITSP.

- In order for the TAY to complete ITSP they will need to complete all 8 CHAFEE goals.

- Two ITSP programs only servicing all of LA county: ITSP with Children's Institute and The Community College Foundation.

- CII Covers SPAs 5-8 however, if a client enrolls in one of the SPAs we cover then moves to outside of our coverage area we follow them.



Examples:

CA ID

High School Diploma

ILP requests

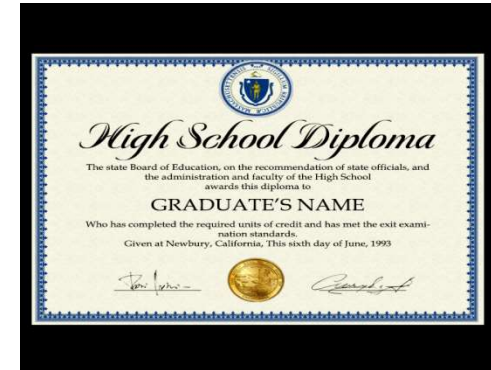
Employment

College applications

College Tours

Opening a Bank Account

Applying for housing





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TAY Talk

TAY Talk

They like being part of the TAY Talks.

The presentations are clear!

They learned more about the topic being presented.

The topics presented are interesting to them and feel they have learned information that can be used in their daily life.

Survey Responses

Topics

1. Education
2. Daily Living Skills
3. Building Healthy Relationships
4. Housing
5. High Risk Behaviors
6. Preparing for Gainful Employment

They like being in a group setting of peers who share their experiences.

Social Connections: The Bright Room, Dream Big Graduation, FS2



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The Bright Room





Dream Big Celebration

The Dream Big Celebration is an annual event where Transition Aged Youth (TAY) are celebrated for the milestone of completing high school. This celebration highlights their resiliency, hard work, and dedication while in the ITSP program.

<https://vimeo.com/274741177>

Fostering Social Skills-

FS2

FS2 is a safe space for TAY to learn social and leadership skills in a controlled group. The group focuses on cultivating the abilities of TAY to succeed individually and collectively in becoming young leaders. The goal is also for TAY to facilitate future cohorts after completing one themselves.

We have tried to make virtual FS2 as similar to the in person groups as possible. We now have a PowerPoint that TAY's can follow along with. Groups last an hour instead of two and occur twice per month instead of once.

Topics:

1. The Best of Me
2. Diversity
3. My Team
4. Welcome to Adulthood
5. Sexual Health
6. Mental Health
7. Substance Abuse



Opportunities to build friendships



Build Confidence



Healthy Relationships



Mental Health



Employment/Education



Social Connections



The logo consists of a large orange semi-circle on the left side of the slide, with the text 'IPS' in white and 'Individual Placement Support' in dark blue. The rest of the slide has a light blue background.

IPS

**Individual
Placement
Support**

IPS

IPS is based on 8 principles:

- Competitive Employment
- Systematic Job Development
- Rapid Job Search
- Integrated Services
- Benefits Planning
- Zero Exclusion
- Time Unlimited Support
- Worker Preference

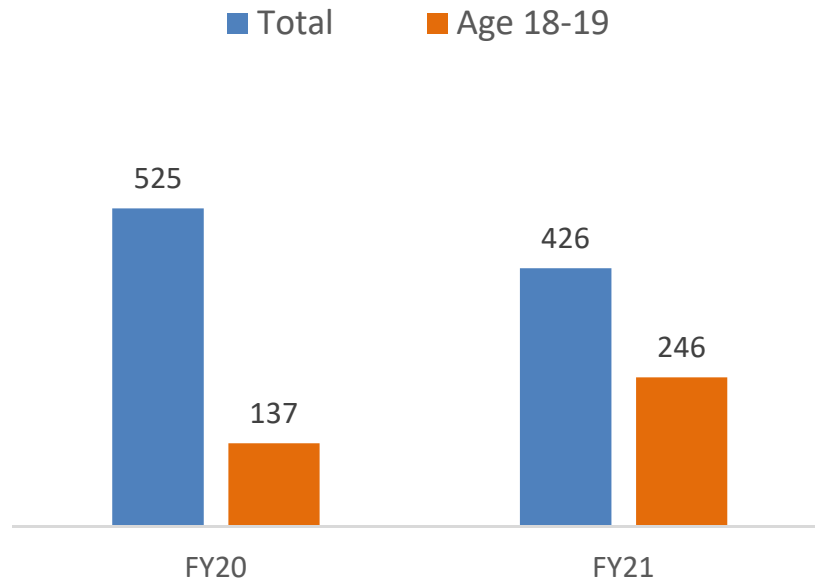


The background is a solid light blue. On the left side, there is a large orange shape that is a square with its top-right corner rounded into a quarter-circle. To the right of this shape are two solid orange circles of different sizes. The larger circle is positioned higher and further to the right than the smaller circle.

Service Delivery & Outcomes

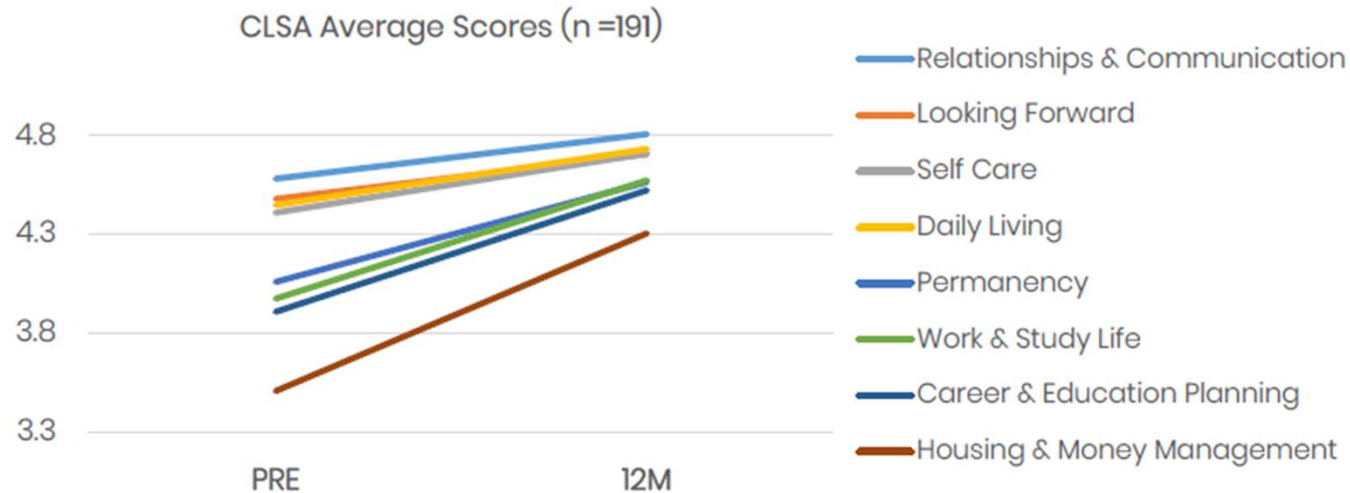
Service Delivery

- There was a difference of ~100 of youth served from FY20 to FY21.
- More youth aged 18-19 were served in FY21 compared to FY20.



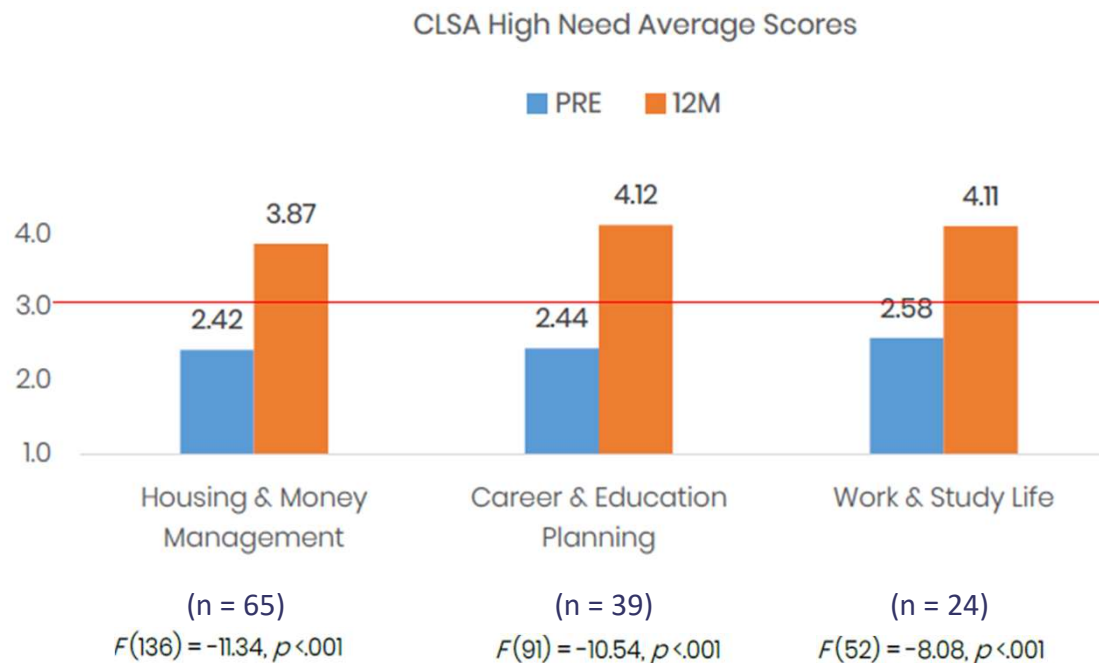
CLSA 12 Month Outcomes

- The figure below shows CLSA Intake to 12 month matched pair data for (n = 191) participants served from 2018 to 2021.
 - Overall, ITSP youth had average scores >3 in all domains at Intake, with the greatest improvement seen in four domains: Housing & Money Management, Career & Education Planning, Work & Study Life, and Permanency.
 - The upward trend for youth who remain in the program for one year, is similar to what is shown in Figure 1 for participants who remain in the program for 18 months.



CLSA 12 Month Outcomes (High-need sub-group)

- The figure shows CSLA match pair scores for youth who indicated need (average score ≤ 3) across three domains at intake: Housing & Money Management, Career & Education Planning, and Work & Study Life. Scores below the red line indicate areas of need. Sample sizes will vary based on the number of youth who indicated a need in each domain at the start of services.
 - Of the total sample ($n = 191$), 34% of youth indicated a need in Housing & Money Management, 20% indicated a need in Career & Education Planning and 13% indicated a need in Work & Study Life.



Performance Indicators

- The figures below include Intake to 12 month (n = 191) matched pair percentages for youth served from 2018 to 2021. CLSA Performance target percentages include youth with CSLA item scores of a 4 or 5 at 12 months.



(n = 171)

90% of youth demonstrated they had knowledge of safe and affordable housing



(n = 148)

78% of youth gained knowledge of public benefits such as Social Security, Medicaid, TANF and ETV



(n = 163)

85% of youth developed permanent connections and relationships with trusted adults, family, and or friends



(n = 171)

90% of youth gained knowledge of how to find financial aid to help pay for their education



Individualized Transitional Skills Program (ITSP)

What is ITSP?

The Individualized Transitional Skills Program (ITSP) is a 2-year program developed to assist youth ages 16-20 to successfully transition from foster care. You'll receive an array of services, learn to build your daily life skills and gain self-sufficiency.

You will not have to sit in a boring classroom- we come to you!

During the 2-year program, you will work individually with a TRANSITIONAL DEVELOPMENT SPECIALIST!

Through this program you can...

- Receive your High School Diploma
- Learn how to shop for and prepare your own meals
- Get your Driver's License/ CA I.D.
- Open a bank account and learn how to budget
- Get help applying for college and completing scholarship/Financial Aid Documents
- Get assistance with job searching
- Learn about many other benefits you are entitled to through DCFS/ILP

**Earn up
to \$300!**

If this program seems like a fit for you, contact your CSW or P.O. for a referral to ITSP!

*For more information on ITSP or for assistance with requesting your referral,
Email to ITSPreferral@childrensinstitute.org*

Children's Institute, Inc. (CII) helps children in Los Angeles's most challenged communities heal from the trauma of family and community violence, build the confidence and skills to break through the barriers of poverty, and grow up to lead healthy, productive lives. Established in 1906, CII now reaches more than 24,000 children and families each year through treatment, youth development, early childhood and family support services. childrensinstitute.org



Thank you

Contacts:

Evelyn Medina Supervisor

emedina@childrensinstitute.org

Lucia Johnson Supervisor

lujohnson@childrensinstitute.org

Stephani Collazo

scollazo@childrensinstitute.org

Referrals: ITSPreferral@childrensinstitute.org

Questions?



Adoption Promotion Support Services (APSS)

Lucia Johnson, APSS Supervisor
Rosette Lee, APSS Clinical Supervisor

<https://www.youtube.com/watch?v=5GDHu4U1VfQ>

Adoption Promotion Support Services (APSS)

- The Adoption Promotion Support Services (APSS) is a specialized program suited for children or families, either currently or previously involved with DCFS and Probation who are in various stages of the adoption process.
- Our team of adoption specific Case Managers, Therapists, Youth Mentors and Parent mentors provide ongoing support to the families and children as they maneuver thru the extensive and challenging process of adoption.
- We work towards ensuring permanency for children, to expedite the adoption process and reduce disruption of adoption.

What are the services?

1:1 YOUTH MENTOR:

- Pre/Post adoptive child or Youth are paired with a Youth mentor who helps ease and understand the difficulties and challenges of adoption. The mentors meet once a month or as needed based on the needs of the child. Thru these exchanges the youth and mentor develop a strong, meaningful relationship.

1:1 PARENT MENTOR:

- **someone who has walked in their shoes** - The parent mentor is linked to the family to support and guide the parents with any issues that arise during the adoption.

What are the services?

THERAPIST

- Our in house Adoption specific therapist focus on providing a supportive nonjudgmental services to the children and youth in the program. Focusing on the 7 Core Issues of Adoption. Mental health services are also provided to the family to ensure that adoption is successful and that the parent's needs are met at every stage during this process.

CASE MANAGEMENT SERVICES

- Are provided to the entire family to navigate thru this complicated and challenging process of adoption. Our case managers familiarized themselves with the family dynamic in order to formulate a case plan to better serve the family. The approach of the Case manager is to ensure that we work closely with the family and utilize existing community –based collaborators to provide services to families that are not available through the program's resources.

What are the services?

MONTHLY PARENT/YOUTH SUPPORT GROUPS

- Are provided on monthly basis open to the community. These support groups/ Training are specific to the Foster/Adoptive families and Kinship family
- 7 Core Issues of Adoption focusing on Vulnerability and Sensitivity
- How Resource and Adoptive parents openly address Sexual health with their children
- Life Book- My Journey Thru Foster Care To My Forever Home
- 7 Level Trauma and impact and development of foster and adoptive children
- Wise Up Foster and Adoption
- Post Adoption Blues
- Ambiguous loss.

QUARTERLY TRAINING OPEN TO PROFESSIONALS

- Current Drug Trends
- Through the Eyes of Adoptive and Resource Parents (Panel discussion focusing on the adoptive and Resource parent experience thru the adoption process).
- IEP's
- LGBTQ Competencies
- CSEC

Who Qualifies for Services:

Children or non-minor dependent that could benefit from a more permanent placement.

Children or non-minor dependent who are hesitant about being adopted.

Matched and unmatched children, caregivers and families involved in the DCFS/Probation adoption process.

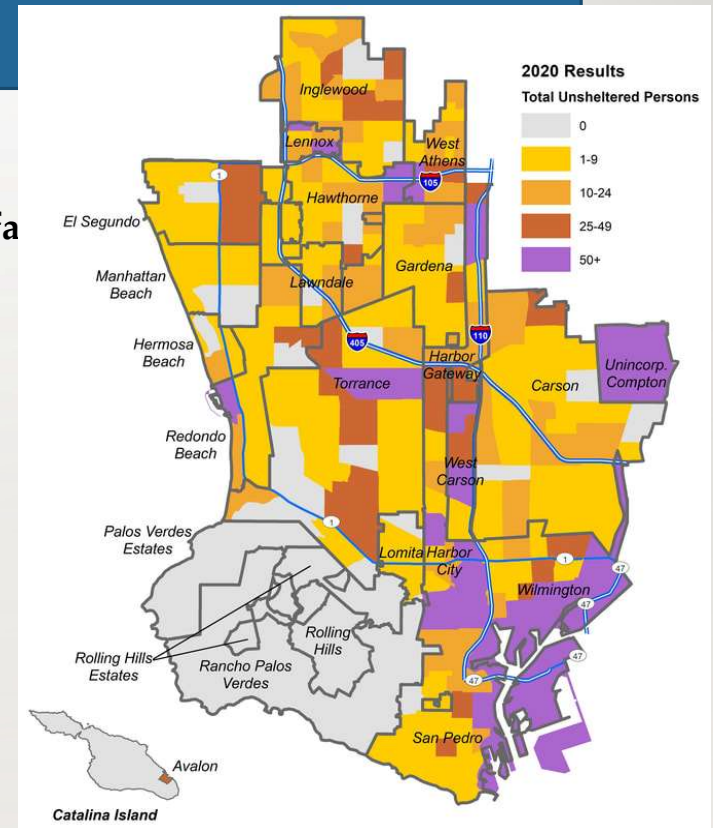
Children or non-minor dependents or families in need of support and services before or after the adoption is finalized, up to the age of 21 years.

IT'S TIME TO QUALIFY



What SPA's do we cover?

- We cover SPA 8.
- Exceptions can be made depending on location of fa
- There are 7 service providers:
- Olive Crest
- UCLA Ties For Families
- Penny Lane
- 5 Acres
- Children's Bureau
- Children's Institute
- Wayfinder



How Do We Refer or Who Can Refer?

- Call DCFS to refer for APSS services and speak with CSW or Adoption Worker.
- For more information please contact the Post Adoption Services (PAS) unit 800-735-4984



Adoption Promotion Support Services (APSS)

Who we are

The Adoption Promotion Support Services is a program focused on providing support and guidance for families and children throughout the adoption process and finalized adoptions. We work in a team based approach that is targeted for the adoptive parents and children before, during and after adoption. Our dedicated team of adoption specific Case Managers, Therapists, Youth Mentors and Parent mentors provide ongoing support to the families and children as they maneuver thru this extensive and challenging process of adoption. We work towards ensuring permanency for children, to expedite the adoption process and reduce disruption of adoption.

Targeted Population:

Any Family who is referred by and /or involved in Los Angeles County Department of Children and Family Services (DCFS)/ Department of Probation Adoption process.

What Services Do We Provide?

- Parent support groups
- Youth support groups
- Mental health services
- Case Management and linkages to community resources

How do I get APSS Services?

If this program seems like a fit for you, contact your CSW for a referral to APSS

For more information please contact the Post Adoption Services (PAS) unit 800-735-4984

<https://www.youtube.com/watch?v=8z8YVYn777c>

THANK YOU FOR LISTENING!



ANY QUESTIONS?

Partnerships For Families

For families who are expecting or have a child 0-1 year old.

If you would like to refer a family, please email:

PFFReferrals@childrensinstitute.org

children's institute

Partnerships for Families

What is the Purpose of Partnerships for Families?
The purpose of Partnerships for Families is to improve the lives and well-being of families with young children.

What Services Can One Access through PFF?

- Weekly Home visiting
- Linkages
- Concrete Support
- Occupational Therapy
- Groups
- Doula Services
- Therapeutic services
- Lactation Consultant

Qualifications for Partnerships for Families
Partnerships for Families focuses on families with very young children (0-1yr) residing in:

Long Beach	Avalon	Lawndale
Torrance	Wilmington	Redondo Beach
Hawthorne	San Pedro	Manhattan Beach
Gardena	Lennor	Rancho Palos Verdes
Carson	Inglewood	

How to complete a Community Referral:

Please call Mireya or Yunuen or email PFFReferrals@childrensinstitute.org

I. Referral information that includes:

- Name
- address
- phone contact
- Brief explanation of why PFF services are needed

with the following information ready to provide.

Dr. Grace Mosequera, PsyD, MA, MS, MFT
Strengthening Families Clinical Programs Manager
gmosequera@childrensinstitute.org

Sandra Barela, MS, LMFT
Senior Clinical Supervisor
sbarela@childrensinstitute.org

FREE resources are provided. Diapers, wipes, newborn kits and so much more!

Interested? Please contact:

Mireya Alvizo
323-491-6531
malvizo@childrensinstitute.org

Yunuen Vela-Cervantes
323-491-4151
yvela-cervantes@childrensinstitute.org
1500 Hughes Way, Ste. C100

What is our purpose?

PFF Community Outreach, Engagement, and Capacity Building

The purpose of Partnerships for Families is to improve the lives and well-being of families with young children.

Serve families with children 0-5 through our Home Visitation program, groups and workshops.

“Services enhance emotional wellness and resiliency, and promote development of skills and social support networks to sustain and enhance achievement of outcomes overtime and after formal services have concluded”



Home Visitation

Providing services in the Home

A Home Visitor is assigned for services

Visits are usually an hour long

Our Home Visitors will support with any services/ resources you need.

From parenting to fun activities with everyone in the home

Engagement and bonding of families is the main goal.



ADD A FOOTER

Arts and Crafts

Provided Virtually every Friday from 4-5pm

- A space for children to spend quality time with their families while building creativity and motor skills.
- After constant participation, family has the opportunity to receive arts and crafts materials



Our arts and crafts group helps promote the development of creative skills. It helps promote bonding that will help create reliable positive relationships.



Community Baby Shower

Provided Twice a year for our Community!

- Designed for expectant mothers and fathers as well as parents with a child 0-4 months.
- Activities include game-show style fun.
- Time for some peer support as both new and expectant caregivers will have the chance to ask questions and share experiences



The purpose of our community baby shower is to help create positive relationships between parents and their baby. As well as to help relieve some of the financial stressors that come with having a baby. So families can fully focus on creating a healthy, long lasting attachment.

Family Day Celebration

Annual Event since 2017

Designed to create a space for families to spend a day together before school starts. Both physically and virtually. It enhances family bonding and community engagement.

Helps create culture awareness. Social support among our families. Helps to continue build rapport among our families and PFF as a whole.

"Bringing Summer Magic"



Our annual family event is back! Join us for an evening filled with activities created for you and your family. Have some family fun while we do arts and crafts and participate in a fun magic show! FREE summer tote bags will be provided to families who join us.

When: Tuesday, July 37

Time: 5:30-7pm

Location: VIRTUALLY VIA ZOOM


Incredible Years & Infant Massage

Offered on Thursdays' in
English & Spanish

- For newborns to pre-crawling
- Helps stimulate growth and development.
- Bond and communicate with your baby.
- Helps reduce stress levels.



The purpose of our groups is to help promote development of skills and social support networks among the community.



Questions about our Workshops and Groups?

Contact: Yunuen Vela
(323) 491-4151
Yvela-Cervantes@childrensinstitute.org

Go Team, Go!



Thank you for joining us!

